

## Hebredian Laddie

### Tune Highland Laddie

#### 1st Step

- Bar1 Hop LF point RF in 2nd pos (1)  
Hop LF taking RF to 3rd rear aerial pos, whilst starting to make a turn by the left (2)
- Bar2 Assemble with RF in 5th pos, having completed a full turn by the left (1)  
Step RF towards 2nd pos (&), close LF to 5th rear pos (2)
- Bar3 Assemble with LF in 5th pos (1), Step LF towards 2nd pos (&), close RF to 5th rear pos (2)
- Bar4 Repeat bar 3 using the opposite feet
- Bars 5 - 6 Repeat bars 1 - 2 using the opposite feet
- Bars 7 - 8 4 spring points springing LF, RF, LF, RF
- Bars 9 - 16 Repeat bars 1 - 8 using the opposite feet

#### 2nd Step

- Bar 1 Hop LF & beat RF in 4th intermediate pos (1), beat RF in 5th pos (&), then beat LF in 5th rear pos (2)
- Bar 2 Repeat bar 1 using the opposite feet
- Bar 3 Hop LF take RF to 2nd aerial pos (1), hop LF shaking RF in 2nd aerial pos (&), drop onto RF in 5th rear pos (2), extending LF to 2nd aerial pos
- Bar 4 Repeat bar 3 using the opposite feet
- Bars 5 - 6 Repeat bars 1 - 2 using the opposite feet
- Bars 7 - 8 4 spring points springing LF, RF, LF, RF
- Bars 9 - 16 Repeat bars 1 - 8 using the opposite feet

#### 3rd Step

- Bars 1 - 2 As for 2nd step
- Bar3 Spring onto LF (1), step RF diagonally forward (&), close LF to 5th rear pos
- Bar4 Repeat bar 3 using the opposite feet
- Bars 5 - 6 Repeat bars 1 - 2 using the opposite feet, travelling backward to regain the starting position
- Bars 7 - 8 4 spring points springing LF, RF, LF, RF
- Bars 9 - 16 Repeat bars 1 - 8 using the opposite feet

#### 4th Step

- Bar1 Step on heel of RF in forward 2nd pos (1), close LF to 5th rear pos (&), step on toe of RF in forward 2nd pos (2), close LF to 5th rear pos (&)
- Bar2 Repeat bar 1
- Bars 3 - 4 Repeat bars 1 - 2 using the opposite feet
- Bars 5 - 6 As bars 1 - 2 of the 2nd step
- Bars 7 - 8 4 spring points springing LF, RF, LF, RF
- Bars 9 - 16 Repeat bars 1 - 8 using the opposite feet

#### 5th Step

- Bars 1 - 2 As for 2nd step
- Bar3 Hop LF swinging RF to front (1)  
Hop RF swinging LF to front (2)
- Bar4 Hop RF (1)  
Hop RF swinging LF to the rear (2)
- Bars 5 - 6 As bars 1 - 2
- Bars 7 - 8 4 spring points springing LF, RF, LF, RF
- Bars 9 - 16 Repeat bars 1 - 8 using the opposite feet

#### 6th Step

- Bar1 Hop RF taking LF to 2nd aerial pos (1)  
Hop RF shaking LF in 2nd aerial pos (&)  
Drop onto LF and lift RF to 3rd aerial low pos (2)  
Hop LF moving RF to 3rd rear aerial low pos (&)
- Bar2 Drop onto RF and lift LF to 3rd aerial low pos (1)  
Hop RF moving RF to 3rd rear aerial low pos (&)  
Drop onto LF and lift RF to 3rd aerial low pos (2)
- Bars 3 - 4 Repeat bars 1 - 2
- Bars 5 - 6 As bars 1 - 2 of the 2nd step
- Bars 7 - 8 4 spring points springing LF, RF, LF, RF
- Bars 9 - 16 Repeat bars 1 - 8 using the opposite feet

#### 6th Alt Step

- Bar1 Assemble with RF in 5th pos (1), carry RF to 2nd aerial pos (&), hop LF & shake RF in 2nd pos (2)
- Bar 2 Step RF to left of 5th rear pos (1), step LF towards 2nd pos (&), step RF to left of 5th pos
- Bars 3 - 4 Repeat bars 1 - 2 using the opposite feet
- Bars 5 - 6 As bars 1 - 2 of the 2nd step
- Bars 7 - 8 4 spring points springing LF, RF, LF, RF
- Bars 9 - 16 Repeat bars 1 - 8 using the opposite feet